

# The Senior Times

Crosby Township Seniors  
...having the times of our lives!

October, 2007

## Flu & Pneumonia Shots

**Oct. 15th**

**12:00—3:00**

Medicare—No Fee

Non-Medicare—\$30 for Flu/  
\$40 for Pneumonia

*(Pneumonia cannot be within  
last 5 yrs/doctor note)*

Insurances Accepted: Aetna,  
United Medicare Complete .

Bring insurance card.

## Boy Scout Pancake Breakfast

Sunday, October 7

8am—1pm

Senior Center

Adults \$6

Children \$4



*Mmm...good!*

If you would like this newsletter  
emailed to you...send me an email!

## Upcoming Trips:

**October 3**—Beef & Boards (Ind, IN)

**October 23**—Argosy Casino

**October 30—Nov. 1**—Three Trains  
and Two Waterfalls (West Virginia)

**November 13**—Creation Museum

*See Sign up sheets on the counter  
for details.*

## CHAIR VOLLEYBALL

Records:

Aces 1—5-4

Aces 11—4-3



## End of Season Events

Tournament—Oct. 17th

Award Luncheon—Oct. 25

# Crosby

## Ham & Turkey Dinner

Saturday, October 13

3-7pm

Crosby Elementary

## Raffle and Carnival

Senior Dine-In \$6.50

ALL Carryout is \$7.50



Kim Downey  
Community Coordinator  
kdowney@crosbytp.org  
513.738.1440

## Looking for a NEW exercise?

TRY Tai Chi

First lesson is free!

Wednesdays at 12:30

Halloween

Bring your grandchildren to  
the log-cabin and the fire sta-  
tion for tricks or treats!

## Weekly Activities at a Glance:

- Exercise—Tuesdays  
and Thursdays at  
10am
- Tai Chi Exercise—  
Wednesdays at 12:30
- Chair Volleyball—  
Tuesdays 12:30 and  
Fridays at 10am

## Upcoming Senior Activities

**Oct. 5**—Red Hat's to dinner. Meet in Biggs Parking  
Lot at 5:00pm. Call Delores Welsh for information.

**Oct. 9** —11:30am—3:00pm

\*Lunch at *O'Charleys* in Harrison

\*Blood pressure screenings by Fire Department.

\*Meeting

*Decorations: Hilda and Grace*

\*BINGO

**Oct. 15**—12-3pm. Flu and Pneumonia Shots

**Oct. 17**—9am—2pm—Chair Volleyball Tourna-  
ment. Harrison High School Activity Center.

*See Calendar for Crosby Aces Scheduled Games!*

*\*Calendar on Back\**